

SPRING
2015

The BAYTEAM

PREVENTION NEWS FROM THE BARRINGTON ADULT YOUTH TEAM
www.thebayteam.org

buzz

SENIOR PROJECT: PREVENTION THROUGH COMICS!

BHS Senior Thalia Guardarrama has been mentored by BAY Team members, Kathy Sullivan and Heather Annis. Thalia is working on the creation of a graphic novel with a prescription drug prevention message. She also worked with students at HMS in the Career Café. She taught the students the value of using comics to promote a healthy message.

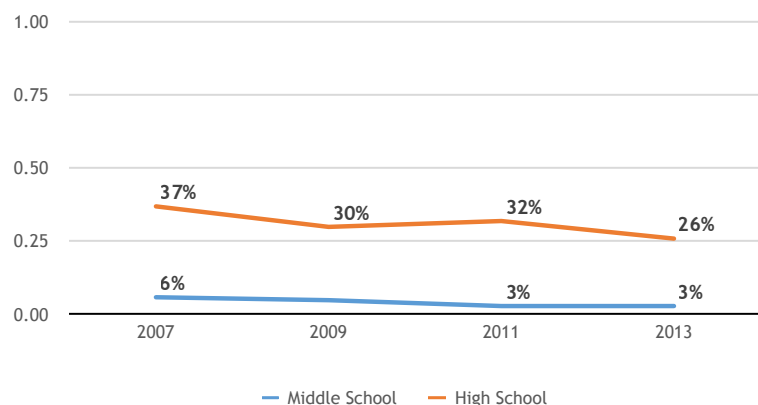


Members of the BAY Team and other RI Prevention Leaders met with Senator Jack Reed, Senator Sheldon Whitehouse and Congressman Cicilline to educate them about effective ways to reduce substance use and abuse, and about the importance of community-based prevention.

BAY TEAM IN THE NEWS

Members of the BAY Team joined over 2,500 prevention specialists and advocates from across the country at Community Anti-Drug Coalitions of America's (CADCA) 25th Annual National Leadership Forum in DC. The BAY Team was awarded the "Coalition in Focus" award for successful outcomes in reducing underage drinking. We have shifted the inaccurate perception among youth that most of their peers drink.

Past 30-day Student Alcohol Use 2007-2013



62% of 8th graders believe there is great risk smoking tobacco cigarettes while only 15% believe there is harm using e-cigarettes.

Monitoring the Future, 2014

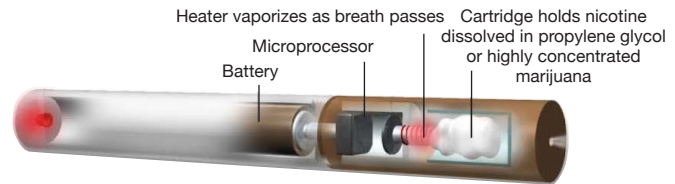


The Barrington Adult Youth Team
Against Alcohol and Drug Abuse

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E-Cigarettes and Vaping



What are E-Cigarettes?

E-Cigarettes are devices that use a battery to heat a liquid to create an aerosol that is breathed into the lungs. They go by other names such as e-cigs, e-hookahs, hookah pens, vaporizers, vapes, or mods.

Why are they dangerous?

E-cigarettes can contain a variety of liquids. Nicotine and other chemicals can cause cancer, birth defects or other health problems. Nicotine liquid is poisonous if swallowed, and is absorbed by the skin or gets in the eyes. Calls to Poison Control Centers have been increasing due to nicotine poisoning. Also, e-cigarettes are often used with a high potency marijuana called wax, shatter, dab, or honey oil.

Are they safe to smoke indoors?

No. E-cigarettes pollute the air with tiny particles that get trapped in the lungs.

Aren't they safer than tobacco cigarettes?

There are currently no regulations for e-cigarettes in terms of labels or content. Many nicotine liquids are made in China and some say they do not contain nicotine when, in fact, they may.

Vaping Marijuana

Vaporizing marijuana can lead to toxic levels of ammonia causing lung irritation, nervous system effects and asthma attacks.

Colorado Department of Public Health

E-Cigarettes are being targeted towards youth.

Nicotine liquid comes in fruit and candy flavors that appeal to children who may taste or drink the e-liquid. The liquid comes in small bottles that look like eye or nose drops.

